

Week	Planned Sessions
18:30 Friday 9 Feb 18	Theory Evening - Hobie Cats by David Ford
10-18 Feb 18	Half term Devon & Cornwall
18:30 Friday 23 Mar 18	<p style="text-align: center;"><b>Presentation &amp; Registration Evening</b></p> Correct Clothing, footwear , gloves, wetsuits & spray tops Handover responsibility to Parents at end of debrief
30 Mar-15 Apr 18	Easter Holidays Devon & Cornwall
10:00 – 13:00 7 Apr 2018	CYC Club Clear up day
18:00 20 April 18 <b>FIRST ON THE WATER DATE</b> HW 21:49 5.2m Cargreen	Routine & Signing out board Stage 1: Can call for assistance, Understands the action to take to help those in distress, Understands local hazards, Understands the importance of staying with the boat, Can Put on personal bouyancy correctly Stage 1 & 2 Understands personal safety- and knows what to wear for sailing (including head and footwear) Stage 2: Has knowledge of Telling someone ashore
18:00 27 Apr 18 HW 1710 5.1m Cargreen	<b>Rigging Clothing and equipment</b> Stage 1: Can name basic parts of the boat (i.e.Hull, mast rudder centreboard, sheets etc) Stage 1: Can assist with rigging a boat Stage 2: Can put a boat head to wind for rigging Stage 2: Can rig a dinghy Stage 1: Has knowledge of wind direction
18:00 4 May 18 HW 21:12 5.1m Cargreen	<b>Launching and recovery</b> Stage 2: Understands how to manoeuvre a trolley clear of other boats and overhead cables Stage 1: Can launch a dinghy and get under way with instruction Stage 2: Can launch and recover a small dinghy in an offshore wind Stage 1: Can secure boat to a trolley Stage 1: Can assist with recovery and stowage of dinghy and gear
18:00 11 May 18 LW 21:48 1.8m Cargreen	<b>Sailing techniques and manoeuvres</b> Stage 2: Understand the principle of the five essentials Stage 1: Understands the effect of basic boat controls Stage 1: Can be a responsive crew under instruction (not single handers) Stage 1: Understands the basic principles of stopping (lying to), controlling speed and getting out of irons
26 May -3 Jun 18	Half Term Devon & Cornwall
18:00 18 May 18 HW 20:58 5.5m Cargreen	<b>Sailing techniques and manoeuvres</b> Stage 1: Can paddle or row ( with sprit paddle or oars) Stage 1: Can steer on a reach and go about (Reach to reach) Stage 1: Understands how to prepare for a tow Stage 1: Can steer when sailing and being towed Stage 2: Can be scooped in during capsized recovery (Not single handers) or Can right one type of dinghy

<b>Week</b>	<b>Planned Sessions</b>
18:00 25 May 18 HW 15:48 4.8m Cargreen	<b>Sailing techniques and manoeuvres</b> Stage 2: Can go about (close reach to close reach) Stage 2: Understands the No Go Zone Stage 2: Understands what is meant by windward, leeward and gybe Stage 1: Is confident in the water wearing personal buoyancy
18:00 1 Jun 18 HW 20:20 5.2m Cargreen	<b>Sailing Trip THE WQSC BBQ ???</b>
18:00 8 Jun 18 LW 19:55 1.2m Cargreen	<b>Sailing Background</b> Stage 2: Has knowledge of Sail controls and foils Stage 1: Can tie a figure of eight knot and cleat a halyard Stage 2: Can tie a round turn and two half hitches and a reef knot Stage 3: Can tie a bowline, clove hitch and rolling hitch
18:00 15 Jun 18 HW 20:00 5.6m Cargreen	<b>Sailing alongside</b>
18:00 22 Jun 18 LW 20:12 1.8m Cargreen	<b>Sailing to a buoy</b>
18:00 29 Jun 18 HW 19:29 5.2m Cargreen	<b>Start Racing Triangle Course</b>
10:00 Sat 30 Jun 18 HW 07:51 5.0m LW 14:09 1.2m HW 20:03 5.2m	<b>Three Rivers Challenge</b> visiting the Tamar, Tavy and Lynher open to All Leave the club 0930 returning about 1900 bring food, water & money for a day sail.
18:00 6 Jul 18 HW 23:57 4.6m Cargreen	<b>Man overboard routine.</b>
18:00 13 Jul 18 HW 18:56 5.6m Cargreen	<b>Sail Training/Race</b> <b>Introduction to race start and triangle racing - Open to family</b>
18:00 20 Jul 18 LW 18:23 1.7m Cargreen	<b>Sailing Games</b> <b>Pico Polo</b>
<b>25 July - 2 Sep 18</b>	<b>Summer holidays Devon &amp; Cornwall</b>
18:00 7 Sep 18 HW 16:40 5.2m Cargreen	<b>Sail Training</b> Stage 2: Understands the No Go Zone Stage 2: Understand the principle of the five essentials Stage 3 Can demonstrate the basic principles of sailing on all points of sailing a triangular course
18:00 14 Sep 18 HW 21:48 5.3m Cargreen	<b>Sail Training</b> <b>Introducing Spinnakers</b>

Week	Planned Sessions
18:00 21 Sep 18 HW 16:20 4.7m Cargreen	Sail Training Sail to a buoy Sail alongside
Sat 22 <sup>th</sup> Sept 18	Cargreen Regatta & raft race
18:00 28 Sept 18 HW 20:48 5.3m Cargreen	Sail Training Triangular course Boat Control sailing to a point /alongside/buoy/man overboard
Friday 5 Oct 17 LW 21:56 1.6m Cargreen	Sail Training Up river sail.
Friday 12 Oct 17 HW 20:45 5.5m Cargreen	Sailing Games Tag
20-28 Oct 18	Half Term Devon & Cornwall
18:30 9 Nov 18	Theory Evening - Weather & Tides
18:30 7 Dec 18	Theory Evening – First Aid
18:30 18 Jan 19	Theory Evening - Rule of Road
18:30 15 Feb 19	Theory Evening – Knots