



**Cargreen Yacht Club  
Cruiser Regatta 2017  
Saturday 16 September  
HW Cargreen 1522BST 4.8m**

**SAILING INSTRUCTIONS**

**All Divisions - Cruiser A & B, SH and White Sail**

**See Paragraph 19 for details of how to enter.**

- 1. ORGANISING AUTHORITY** is the Cargreen Yacht Club.
- 2. REGATTA SECRETARY** is Tony Head [tony-head@lineone.net](mailto:tony-head@lineone.net) 07885914148. The Cruiser A & B divisions will be started by Nick Head at the RPCYC. Regatta Control, recording finish times and calculation of results will be by Tony Head in the Race Hut at Cargreen.
- 3. INTRODUCTION** The aim of the Cargreen Cruiser Regatta is to provide enjoyable racing and a good bar and barbecue ashore afterwards, as an end of season event for the members of the CYC and all PPSA affiliated clubs. Beginners and people who do not race very often are particularly welcome, and more experienced hands are asked to bear this in mind and avoid aggressive application of the racing rules. A special “white sail” event starting in Plymouth Sound is available for people not wishing to take their racing too seriously and who want to avoid close quarters with other yachts; these yachts will comply with International Rules for the Prevention of Collision at Sea and will wear an ensign and display a conspicuous white flag. The length and timing of all races have been carefully chosen so that yachts take the flood up the Tamar and all divisions converge on Cargreen around 1430BST ie about 1 hour before HW. This will allow plenty of time to enjoy the barbecue.

**4. DIVISIONS OFFERED**

<b>DIVISION</b>	<b>HANDICAP</b>	<b>PENNANT</b>	<b>START TIME</b>	<b>START LINE</b>
<b>CRUISER A</b>	PPSA Port Handicap > 0.899	Numeral 4	1230BST	RPCYC
<b>CRUISER B</b>	PPSA Port Handicap <0.900	Numeral 5	1235BST	RPCYC
<b>SINGLEHANDED</b>	RNSA SH Handicap	Numeral 1	1200-1300BST	Vicinity Queens Ground Buoy
<b>WHITE SAIL</b>	White Sail Handicap	Normal ensign plus conspicuous white flag	1115-1230BST	Vicinity Melampus Buoy

5. **ENTRY FEES** The entry fee for Cruiser A & B divisions is £10. The entry fee for SH and White Sail Divisions is £5. Entry fees are to be paid at the Race Hut on coming ashore at Cargreen, by cheque (made out to Cargreen Yacht Club Limited) or by cash (exact money, no change will be given). Cheques and cash are to be delivered in an envelope clearly marked with the name of yacht. A boat will not be considered as a finisher until the entry fee has been delivered.
6. **RULES** Cruiser A & B, and SH, divisions will be governed by the Racing Rules of Sailing (RRS), the prescriptions of the RYA, and by these Sailing Instructions. The White Sail division will be governed by the International Rules for the Prevention of Collision at Sea (IRPCS) and these Sailing Instructions.

Cruiser A & B boats may be crewed. RNSA SH boats are to be sailed single-handed. White Sail boats shall not use running sails such as spinnakers, cruising chutes etc.

7. **INSURANCE & OTHER CONDITIONS** It is a condition of entry that:

- a) yachts shall carry adequate third party insurance for the Regatta
- b) the owner warrants that the design and construction of his yacht is suitable for the particular circumstances of sailing in the waters covered by the Regatta, and
- c) the owner warrants that his yacht is equipped with safety and emergency gear appropriate for the risks of sailing in the waters covered by the Regatta.

Skippers of small boats in the White Sail event should note that no safety boat cover is provided; a decision to sail in the Sound and Hamoaze must take this into account.

The CYC most strongly recommends that life jackets are worn by all crew whilst participating in the Regatta.

8. **DOCKYARD PORT OF PLYMOUTH** Yachts shall comply with such regulations as may be in force within the Dockyard Port of Plymouth. In particular, entrants are reminded that, in addition to normal regulations for avoidance of collisions at sea, Royal Naval and large vessels (including cross-channel ferries) have right of way at all times within the limits of the Sound, extending 2 miles south of the breakwater. In addition yachts are required not to impede the Torpoint Ferries. Competitors are referred to the Dockyard Port of Plymouth Order 1999, and to local Notices to Mariners. Any breach of such regulations may result in the yacht concerned being disqualified from the race in which she is sailing at the time or, in serious cases, from such other races in the events/series as the organisers may decide. Infringement may also lead to legal action by Port Authorities.

## 9. **HANDICAPS**

Cruiser A & B divisions shall race using current PPSA Port Handicaps as published on the PPSA website <http://www.plymouthsailingassociation.org.uk/ppsa-handicap-list/>

The Single Handed division shall use current RNSA SH handicaps.

The White Sail division shall use current Cargreen White Sail handicaps.

Yachts without a PPSA Port Handicap, RNSA SH Handicap or Cargreen White Sail Handicap shall apply to the PPSA Handicapper, Tony Head [tony-head@lineone.net](mailto:tony-head@lineone.net) or mob 07885914148 for allocation of a handicap as soon as possible. The deadline for

receipt of handicap applications is 1900BST on Friday 15 September; applications after that time will not be entertained.

10. **VHF COMMUNICATIONS** The Race Start Officer (Nick Head) will be listening on VHF Channel 72 and will endeavour to supplement the start sequence with a VHF countdown. The finish line will be monitored by Tony Head in the Race Hut, Cargreen on VHF Channel 72 and mobile 07885914148. Water Taxis may be called on VHF Channel M1.
11. **START & COURSES FOR CRUISER A & B DIVISIONS** The start line for Cruiser A & B divisions will be an extension of a line through the RPCYC flagstaff and a white and black marker post. Yachts shall pass through the start line between RPCYC and Mount Batten Breakwater. Yachts will start by crossing the line from east to west. Boats whilst racing are prohibited from entering the Controlled Mooring Area North of Mountbatten peninsula and south of the Plym navigational channel.

The sequence of start signals modify RRS Rule 26 and will be (all times BST):

1200		Letter board A or B displayed	Strong or Light Wind course selection
1220	1 x sound signal	10 minutes to go	Synchronise clocks
1225	1 x sound signal	Numeral 4 hoisted	Cruiser A 5 minute <i>warning</i>
1226	1 x sound signal	Prep flag "P" hoisted	Cruiser A 4 minute <i>prepare</i>
1229	1 x long sound signal	Prep flag "P" lowered	Cruiser A 1 minute <i>standby</i>
1230	1 x sound signal	Numeral 4 lowered Numerals 5 hoisted	Cruiser A <i>START</i> Cruiser B 5 minute <i>warning</i>
1231	1 x sound signal	Prep flag "P" hoisted	Cruiser B 4 minute <i>prepare</i>
1234	1 x long sound signal	Prep flag "P" lowered	Cruiser B 1 minute <i>standby</i>
1235	1 x sound signal	Numerals 5 lowered	Cruiser B <i>START</i>

The Race Start Officer (Nick Head) will endeavour to supplement start signals with a count down on VHF Channel 72.

Courses shall be either "Long Course – Strong Winds" indicated by a red "A" letter board, or "Short Course - Light Winds" indicated by a green "B" letter board, displayed at the RPCYC. It should be noted that A & B divisions sail slightly different courses whether long or short.

Cruiser A & B courses, long and short, are described at Annex A.

12. **START & COURSE FOR SH DIVISION** The start line for the SH division is the transit of Queens Ground Buoy with the Breakwater Lighthouse, with yachts leaving the buoy to starboard and heading for Duke Rock Buoy, the first mark of the course.

Yachts with RNSA SH Handicaps less than 0.900 shall start "in their own time" during the time slot 1200-1230BST and note their start time. Similarly yachts with RNSA SH Handicaps of 0.900 and greater shall start "in their own time" during the time slot 1235-1300BST and note their start time.

Start times should be noted to the nearest second with a watch synchronised to GPS time, and reported by SMS text message (including name of yacht) to Regatta Control on 07885914148 at the earliest convenient moment, and certainly before coming ashore at Cargreen.

The SH course is described at Annex B.

13. **START & COURSE FOR THE WHITE SAIL DIVISION** The start line for the White Sail Division is the transit of Melampus Buoy with Smeaton's Tower, with yacht's leaving the buoy to port and heading for Dunstone Rock Buoy, the first mark of the course.

Yachts shall start "in their own time" during the following "time slots"; for yachts with White Sail Handicaps under 0.750 the time slot is 1115 -1130, for yachts with White Sail Handicaps of 0.750 to 0.899 the time slot is 1130-1200, and for yachts with White Sail Handicaps of 0.900 and greater the time slot is 1200-1230.

Start times should be noted to the nearest second with a watch synchronised to GPS time, and reported by SMS text message (including name of yacht) to Regatta Control on 07885914148 at the earliest convenient moment, and certainly before coming ashore at Cargreen.

The White Sail Course is described at Annex C.

14. **COMPLEXITY OF ALL COURSES** All courses involve numerous buoys. Buoys in the River Tamar have been chosen to introduce "kinks" in the course and provide variety in the procession up river. It is most strongly recommended that competitors carefully study up-to-date charts of Plymouth Sound, the Hamoaze and the River Tamar so that the identity, position and order of buoys are thoroughly understood.

15. **FINISH** The finish line for all divisions will be the transit formed by the two flag staffs fitted with day-glo orange boards situated near the Race Hut at the Cargreen Yacht Club approximately 2 cables north of the Crooked Spaniard's Inn. Yachts are to pass to the EAST of the CARGREEN STARBOARD BEACON, and finish by crossing the finish line from south to north. Finish times will be taken by Regatta Control ashore at Cargreen, and a sound signal will be made, however each yacht should note its own finish time, and the sail number/name of the yacht finishing ahead and astern in case of disputes. It is intended to rig a camcorder to record finishes. Regatta Control will be listening on VHF Ch 72 and 07885914148.

Note: We ask boats to finish to the east and "wrong" side of the beacon in order to keep boats out of the densely packed moorings in the area. The regatta is timed so that there is sufficient height of tide to the east of the beacon but competitors should navigate with caution in this area.

16. **TIME LIMIT** The time limit for all divisions is 1600BST.

17. **PROTESTS** It is anticipated that most disputes between competitors can be sorted out quietly over a pint after the race, with the Race Officer informed of any consequent retirement. Any formal protest shall be submitted on forms available at the CYC Regatta Control and must be lodged there no later than 1615BST. Protests are to be accompanied with a cheque for £10 made out in favour of the RNLI; this cheque will be forwarded to the

RNLI by the CYC irrespective of the substance or outcome of the protest. Protests will be heard approximately in the order of receipt and as soon as possible.

18. **APRES RACE** Yachts should pick up a vacant mooring or anchor off the CYC site as convenient. Water taxis will be available to run competitors ashore (call VHF Ch M1). However passengers **MUST PROVIDE AND WEAR THEIR OWN LIFEJACKETS OR BUOYANCY AIDS**; this is a condition of carriage. Welly boots are strongly recommended. The bar and barbecue will start from about 1430, and live music will be provided. Results will be announced and prizes awarded at about 1630.

19. **ENTRY** Entries are to be made either by email to [tony-head@lineone.net](mailto:tony-head@lineone.net) or by SMS text message to 0778591418 in the following format:

Name of skipper  
Name of boat and sail number  
Division to be entered  
Handicap  
Approximate number for barbecue  
Telephone number of mobile carried onboard  
Include the declaration worded as follows:

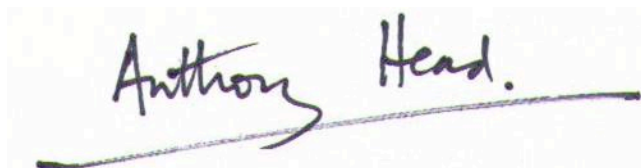
*"I (name of skipper/owner) confirm I have read and agree to comply with the Sailing Instructions for the Cargreen Regatta 2017, in particular paragraph 7 concerning third party insurance cover. Also I agree to pay the entry fee of (£5 or £10 as appropriate) on arrival."*

Entries will not be accepted if the declaration is omitted. Entries will be acknowledged; a boat shall not race unless an acknowledgment has been received.

Entries will close at 1900BST on Friday 15 September; entries will not be entertained after that time.

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**The Cargreen Yacht Club hopes that you will enjoy both the sailing and the après events in this regatta; we hope to see as many boats as possible.**

A handwritten signature in black ink that reads "Anthony Head." The signature is written in a cursive style and is underlined with a single horizontal stroke.

For Cargreen Yacht Club Limited

## **ANNEX A - CARGREEN REGATTA 2017 SAILING INSTRUCTIONS**

### **Cruiser A Courses**

#### **Long Course - Red Board A**

Start (RPCYC line) - NW Winter (P) – Queens Ground (P) – Kildare Rock (P) – Duke Rock (P) – Dunstone (P) – NE Winter (P) – Asia (S) – St Nicholas (P) – West Mud (S) – Lynher (S) – Brunel Green Race Buoy 1 (S) – East Tamar South (P) – Skinham Point Race Buoy 2 (S) – Neal Point Buoy (P) – Weir Point Yellow Ski Buoy (P) - Cargreen Starboard Beacon (P) – finish line.

#### **Short Course - Green Board B**

Start (RPCYC line) - NW Winter (P) – New Ground (P) - Dunstone (P) – NE Winter (P) – Asia (S) – St Nicholas (P) – West Mud (S) – Lynher (S) – Brunel Green Race Buoy 1 (S) – East Tamar South (P) – Skinham Point Race Buoy 2 (S) – Neal Point Buoy (P) – Weir Point Yellow Ski Buoy (P) - Cargreen Starboard Beacon (P) – finish line.

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### **Cruiser B Courses**

#### **Long Course – Red Board A**

Start (RPCYC line)- NW Winter (P) – New Ground (P) - Dunstone (P) – NE Winter (P) – Asia (S) – St Nicholas (P) – West Mud (S) – Lynher (S) – Brunel Green Race Buoy 1 (S) – East Tamar South (P) – Skinham Point Race Buoy 2 (S) – Neal Point Buoy (P) – Weir Point Yellow Ski Buoy (P) - Cargreen Starboard Beacon (P) – finish line.

#### **Short Course – Green Board B**

Start (RPCYC line) - NW Winter (P) – Melampus (P) – Dunstone (P) – NE Winter (P) – Asia (S) – St Nicholas (P) – West Mud (S) – Lynher (S) – Brunel Green Race Buoy 1 (S) – East Tamar South (P) – Skinham Point Race Buoy 2 (S) – Neal Point Buoy (P) – Weir Point Yellow Ski Buoy (P) - Cargreen Starboard Beacon (P) – finish line.

## **ANNEX B - CARGREEN REGATTA 2017 SAILING INSTRUCTIONS**

### **Single Handed Course**

Start (vicinity Queens Ground Buoy) - Duke Rock (P) – Dunstone (P) – NE Winter (P) – Asia (S) – St Nicholas (P) – West Mud (S) – Lynher (S) – Brunel Green Race Buoy 1 (S) – East Tamar South (P) – Skinham Point Race Buoy 2 (S) – Neal Point Buoy (P) – Weir Point Yellow Ski Buoy (P) - Cargreen Starboard Beacon (P) – finish line.

## **ANNEX C - CARGREEN REGATTA 2017 SAILING INSTRUCTIONS**

### **White Sail Course**

Start (vicinity Melampus) – Dunstone (P) – NE Winter (P) – Asia (S) – St Nicholas (P) – West Mud (S) – Lynher (S) – Brunel Green Race Buoy 1 (S) – East Tamar South (P) – Skinham Point Race Buoy 2 (S) – Neal Point Buoy (P) – Weir Point Yellow Ski Buoy (P) - Cargreen Starboard Beacon (P) – finish line.